



**CDBC Update  
Volume 2 Number 5  
September 30, 2007**

**This CDBC Monthly Update includes information about:**

- ***Continuing Competence Program (CCP)***
- ***November 2 CCP Workshop and 3rd Annual General Meeting***
- ***Invitation to apply as a CDRE Item Writer or Item Appraiser***
- ***Database access to update your Personal or Workplace Profiles***

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The College has received many questions since it began touring the province to present the ***Continuing Competence Program*** to registrants. We thought we would share a summary of the ***Q & A*** that were discussed during the liaison sessions to help with the preparation of your first Professional Development Plan (PDP) and Progress Tracking form submission.

**Q:** I am in Cohort 1. I understand that the deadline has been extended from October 31 to November 9. ***What documents do I need to submit*** by the deadline?

**A:** The College only needs your ***Professional Development Plan (PDP)*** and Progress Tracking form, appendix 2, p. 25 in the Professional Development Guide. An ***electronic*** copy of the PDP is available on the Home Page of the CDBC website under News - Continuing Competence Program. We'd prefer you to email an electronic copy rather than mail a paper copy.

**Q:** I am currently working in clinical nutrition, but plan to apply for a managerial position in the ***future***. Should I document this goal in my Professional Development Plan?

**A:** The answer is ***"yes" if you plan to start developing this goal within the length of your current cycle.*** This broad goal may be broken down into smaller, time-framed goals with specific activities such as attending a leadership workshop or taking a leading role in your department by initiating a series of educational sessions for your colleagues. You may also choose to address only one aspect of your goal during the current CCP cycle and carry over the goal in the next CCP cycle to further your progress by achieving additional related learning activities.

**Q:** I drafted my learning goals, but I am ***not sure if I selected the appropriate learning activities to achieve my goals.***

**A:** Perhaps the best advice we can give here is to keep it simple. Refer to p.12 of the

Professional Development Guide for a general list of common professional development activities. Examples may range from reading peer-reviewed resources, such as journals and evidence-based practice tools, attending Toastmasters once a week, filming your own presentation for later review and improvement, participating in a multidisciplinary research project, attending conferences or performing volunteer dietetic work.

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You are invited to the 3rd CDBC Annual General Meeting being held on Friday, November 2 in Langara College's Boardroom. The Boardroom is open at 2:30pm. Please plan on arriving by 2:45pm for your name tag and refreshments. A facilitated workshop is being held from 3:00 to 4:15pm on the **Continuing Competence Program and the Standards of Practice**. Following a half-hour networking and refreshment break, the AGM is being held from 4:45 to 5:30pm. Please join us! Pre-registration is required to help us plan for light refreshments. **A personalized invitation will be emailed to you next week.** Please call 604.736.2016 or toll-free within BC at 1.877.736.2016 if you have any questions.

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The Examination Committee for the **Canadian Dietetic Registration Examination** (CDRE) has vacancies for **volunteer Item Writers and Item Appraisers**. You are eligible to apply if you are registered in good standing, currently work in dietetics, have experience with entry level dietetic practice and are free of any interest that is in conflict with developing a fair and valid examination. If you are interested, please complete the CDRE Application Form on the Home Page of the website at [www.collegeofdietitiansbc.org](http://www.collegeofdietitiansbc.org) and fax it to the office at 604.736.2018. Working with the CDRE is a rewarding experience that may fit with your CCP learning goals!

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Is your contact information up to date? Are you receiving CDBC emails or do you hear of College activities from your colleagues? To **update your contact information in the database**, access your Personal and Workplace Profiles through the Home Page on our website at [www.collegeofdietitiansbc.org](http://www.collegeofdietitiansbc.org). Please call the office if you need assistance.

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**Questions or comments? Do you have an upcoming event you'd like us to attend?** If so, please contact us at (604) 736-2016, through our toll- free number within BC at 1 (877) 736-2016 or by email at: [info@collegeofdietitiansbc.org](mailto:info@collegeofdietitiansbc.org)

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